

# The New Valentine Alano Club

~ NewsLetter ~



#### So much is GOING ON . . .

# ... It's TOO much to put on ONE Page

NewsLetter Volume 1 #4 Date- 08/01/2023

## ~ WE NEED YOUR JUNK ~

Donate your gently used STUFF to The New Valentine for *A Yard Sale*On <u>Saturday</u>, <u>August</u> <u>26<sup>th</sup></u>.

\*\* See Page 2

47th Year Anniversary!

**Saturday September 16th** 

The Anniversary Dinner Is Back!

\*\* See Page 2

#### Admitted alcohol

willing wrong ...

amends asked care carry chapter complete continued decided discouraged disorders ex claimed fearless god guides hold honest human ideas improveincapable inventorylives meditation nature people perfect personal power practice principles program Progress ready recover remove result Sought spiritual steps thought tried turn understood

\*\*\* Word Cloud created from "How It Works"

### Thank You PETE G! For dedicating 4 Years of Service to Board Of Trustees!

~ Your Service has made The New Valentine a Better Place! ~

\*\* For more About Pete and his service, See Page 4.

#### **Table of Contents:**

Yard Sale & Anniversary	Pg. 2
Thanks to The Roast	Pg. 3
Special Thanks Pete G	<u>Pg 4</u>
HELP	Pg.4
A Member's Musing	Pg. 5
Hashtag for NVAC	Pg. 6
For the Good of AA	Pg. 7
Gratitude List	Pg. 7
Gratitude List Meetings at NVAC	Pg. 7 Pg. 8

# Over \$1600 Raised for The New Valentine.

Thanks to the Knuckleheads Thursday Night Meeting, Bobby and Ashley L., Michael and his Roasting Talent, and SO MANY OTHERS who hosted the Gentleman's Pig and Lamb Roast.

\*\*\*See Page 3

# New Valentine has the COLOR of a New Look

The New Valentine has got a new look. See What we look like NOW!

~ Pictures Throughout this NewsLetter ~

# ~ WE NEED YOUR JUNK ~

## *BECAUSE IT MIGHT BE SOMEONE ELSE'S TREASURE!*

Donate your gently used STUFF to The New Valentine for~

# We Are Looking for

- Gently used clothing (Especially Fall & Winter)
- All kinds of Tools
- Light Furniture(one person can carry)
- Small Appliances(one person can carry)
- O Dishes, glassware, Etc.
- Handbags, gym bags, and Etc.
- Costume Jewelry
- Baby items, Childrens Toys

The New Valentine Alano Club

# Yard Sale Saturday, August 26<sup>th</sup>.

Donations Can Be Delivered To Us
Or Picked up From You Between
Now and
Sunday, August 20

Call

Thom B- 312-320-0658 New Valentine Club 773-843-0296

**OR Email** 

Email - nvacmembers@yahoo.com

# Come Celebrate The New Valentine Alano Club's

47th Year!

Saturday September 16th

5:00 PM~ A Catered Dinner

Which Includes Our Famous <u>DESSERT CART</u>

6:30 pm A Special Anniversary Speaker

& A 50/50 Raffle, of course!

\$30.00 A Seat

\*\*only 100 seats available SOBUY NOW?



# The Gentlemen's Pig & Lamb Roast

On July 22 there were kids playing, AA fellowship, Live Music, Roasted Pig, Roasted Lamb, Home made Sausage and SOBER Fun for all.

AA's from all over the city pitched in to have the Gentleman's Pig and Lamb Roast at a beautiful venue—The Stockyards Garage on Root St.

It was so great to see kids playing, friends hanging out, and enjoying LIVE music on a sunny day along with some of (TRULY) the best bar-b-q around.

And \$3,300 (!) in Contributions
Went to Sister Ignatia House and The New Valentine Alano Club!
This really was an <u>AMAZING (!)</u> day.
Proving again the generosity of AA members
As well as . . .
"WE ARE NOT A GLUM LOT!"



## Pete G.! A Very Special New Valentine THANK YOU!

It is sad for us to say:

Pete G. is leaving the Board Of Trustees after 4 YEARS of Dedicated Service.

Pete was a steadying influence as Vice President through-out the tough times of the Pandemic and afterward during a lot of upheaval at the Club. He was a well needed and respected guide for the new faces of the 2022 Board of Trustees because we all learned from his example of grace and compassion.

An outstanding Board member and human being. Both of which he will try to deny.

## **Thank You Pete**

#### You have made The New Valentine a better Place!

# <u>Volunteering</u> = Service

You can volunteer to be of Service to The New Valentine, TOO!

#### ~ HOW? ~

Come to a meeting early OR stick around after ~

~ Be of service to newcomers ~ Chair a Meeting! ~ The Saturday Breakfast!

# And, Of Course ~ Just Come On By

- Just come early for meetings at the club to greet fellow AA members.
- Stay a little bit after meetings.
- OR be at the club between meetings for our residents and for fellowship.

We are open daily 8:00 am to 10:00 PM, 7 days a week for all Club members.

Contact us for more info: <a href="https://www.newvalentinealanoclub.com/">https://www.newvalentinealanoclub.com/</a>





# This Month's A Member's Musings:

"Member's Musings" is your NewsLetterpage. SEND US YOUR CONTRIBUTION NOW!

Send us your thoughts about Your Experience, OR your Strength, OR your Hope in your sobriety

Just a short piece on any AA related thought of 400 words or less. You can send it to our email address Please include your first name and first letter of your last name to:

nvacmembers@yahoo.com

Anyone who receives The New Valentine NewsLetter is able to contribute.

# Member's Musings

Thoughts from fellow AA Members

This month:

Curtis C. -LPAC

Sometimes the only way out is going through.

So, remember . . .

When you are going through, you are on your way OUT.

If God brought you to it, God will take you through it.

Stop treating Prayer like a spare tire: Only pulling it out when you need it. Then, as soon as you don't need it, putting it back in the trunk until you need it again.

Pray without ceasing.

Is God surprised to hear from you because you seldom talk to God? Make a call today! Not on your phone, on your knees.

The best thing you can say to God right now is: God, I Trust You. Allow God to interrupt your regularly scheduled program.

Hey, Curtis- Thank you!

Email Address for "Members Musings"



nvacmembers@yahoo.com

### **HASHTAG #thenewvalentine!**

#### Helping simply and effectively.

#### WHY?

Meeting attendance has been down since the pandemic, and as a way to bring people back to the rooms of AA for recovery we are introducing Hashtags, a proven cheap, **easy**, and effective, and a fun way to widen the reach of an organization. It will bolster meeting attendance and alert more AA's to support meetings and the newcomers. It is "the hand of AA" to those in need. In other words- AA (newcomers). It will also carry the news that The New Valentine, as a Sober Living Facility, is unique among other Alano Clubs .

We encourage everyone within the reach of this email to use the list of #'s relevant to sobriety-

#### HOW?

See the links below that will take you to our official FaceBook page. Start writing a post on our FaceBook page. Anything, such as, "At the Sunday meeting this morning. Lots of good insight on the Daily Reflection"

To effectively add a hashtag, you can add in the sentence and afterward.

"At the Sunday meeting #newvalentine this morning. Lots of good insight #grateful #recovery #powergreaterthanourselves #twelvesteps #twelvetraditions #alcoholism #drbob #billw #friendofbillw on the Daily Reflection" #recoveryjourney #alcoholism #rehab #sobercommunity #love #nomatterwhatclub #cleanlife #addict #livingclean #recoveryisworthit

Adding any hashtag(s) in the middle of your post will enlarge the reach of your post. Any other sites that use the words of a hashtag may see you posting.

#thenewvalentine is certainly our main hashtag, as it will bring other posters back to our website and Facebook page. So, what The New Valentine does will be visible to a much larger audience. There is more visibility, a chance for more service work at the club, and we maintain our anonymity.

Won't you please help us spread the word. It is as easy as PIE

See below for links to our Facebook and the most popular hashtags to other recovery links associated with AA. Use one, use all, and make sure we use #thenewvalentine

Copy and paste The New Valentine FB link below https://rb.gy/6gymk

#### #thenewvalentine

#recoveryjourney #alcoholism #rehab #recoverywarrior #drugfree #sobercommunity #love #sobermom #recoverycommunity #motivation #selflove #drugaddiction #hope #addictiontreatment #recoveroutloud #basictext #nomatterwhatclub #cleanlife #selfcare #addict #livingclean #recoveryisworthit #keepcomingback #healing #serenity #twelvesteps #sober #grateful #recovery #powergreaterthanourselves #twelvesteps #twelvetraditions #alcoholism #drbob #billw #friendofbillw



Scan above for FB on your phone

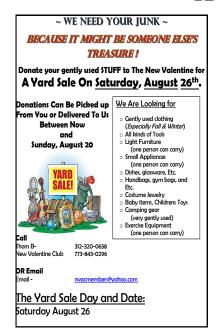
## For the Good of AA

# Summer - Food - Fun - Fellowship

The New Valentine Needs Chair Persons

Wednesday at 8:00 PM & Saturday at 8:00 PM

#### **BE OF SERVICE**





















# <u>In-Person</u> <u>Meetings & Topics</u>

# **Monday**

10:00 AM — Big Book

8:00 PM — 12 & 12

## **Tuesday**

10:00 AM

5:30 PM — Daily Reflection Hamburger meeting

### Wednesday

10:00 AM — Steps 1-2-3 in 12&12

8:00 PM — Big Book

## **Thursday**

10:00 AM — Reading Topic

5:30 PM ??

Hot Dog! Meeting

7:15 PM — Al Anon

# **Friday**

10:00 AM?

8:00 PM — As Bill Sees It

# **Saturday**

9:00 to 9:45 AM —

Breakfast!

Then

 $10{:}00~\mathrm{AM}$  — Speaker Meet-

ing

8:00 PM — Open Topic

# Sunday

10:00 AM — Daily Reflection

5:30 PM As Bill Sees It

8:00 pm Big Book

# With Gratitude!

Always being of service to the New Valentine



 John P and his Heritage Contractors

(773) 887-0268---

www.heritagecontractors.net



For tuckpointing and brickwork. 2855 S Normal Ave Phone: 1-773-592-4535

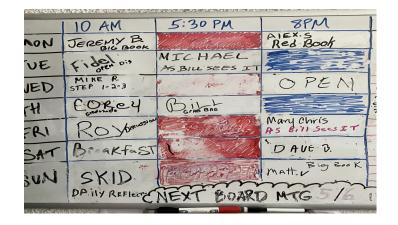
- For Food Warmers

A Generous Donation by Trese P.

# We Could Use Your Help

Things NVAC needs.

- We are looking for new (to us) Meeting Room **Chairs**. Do you know any group or establishment who is getting rid of 30 to fifty chairs that are in decent to good shape?
- We are in need of clothes, small house décor, or small appliances for our Yard Sale. Date to be announced
- We are looking for a new **Soda Machine**. Any ideas about where we can get an *inexpensive* one?



## The New Valentine Alano Club:

# <u>Mission</u> <u>Statement</u>

The New Valentine Alano Club's mission is to support AA and a Sober House that provides beds, food, lodging and a healthy atmosphere of recovery for men who are reaching out for help, expressing a desire to seek sobriety, and who are willing to try this AA way of life.

# In The Spirit Of...

While New Valentine Alano Club is a separate organization from Alcoholics Anonymous, NVAC is dedicated to creating an atmosphere of recovery in the spirit of AA's 12 Steps and 12 Traditions.

# The New Valentine Alano Club 2997 S Archer

Ave, Chicago, IL

### Financial Statement

NVAC Treasurer's Report for 7.9.23						
1. Bank Account Balances	5/7/2023	6/4/23	7/7/23			
Lakeside Bank	\$5,080	\$4,409	\$441			
People's Bank						
(approximate)	\$2,300		\$2,065			
2. Upcoming Expendi-	Insurance					
tures	- Sept.		\$964			
3. Average Inc.and Exp.	Week of	Ave /	Ave /	Total	Total	Total
Income	7/7/2023	7/7/2023	6/2/23	April	May	June
Meeting Income						
Hamburger Meeting	\$21	\$44	\$46	\$216	\$183	\$205
Hotdog Meeting	\$15	\$29	\$34			
Saturday Breakfast	\$424	\$469	\$516		\$1,807	
Other Meetings	\$165	\$178	\$181	\$805	\$678	\$850
Total Meeting Income	\$625	\$721	\$778	\$3,043	\$2,809	\$2,982
Spaghetti Dinner	\$0	\$86	\$120	\$900	\$0	\$0
Membership	\$10	\$51	\$60	\$240	\$220	\$120
Donations	\$60	\$117	\$130	\$720	\$117	\$356
Rent	\$350	\$94	\$48	\$0	\$630	\$720
Other (literature, soda,						
water)	\$6	\$20	\$23	\$95	\$56	\$88
Total Income	\$1,051	\$1,089	\$1,159	\$4,999	\$3,832	\$4,266
Expenses - weekly						
House Management	\$231	\$341	¢277	¢1 E20	\$1,540	¢1 262
House Management Food - debit card pur-	Ş231	Ş34 <u>1</u>	73//	\$1,320	\$1,340	<b>31,302</b>
chases	\$656	\$389	\$396	\$1 476	\$1,732	\$1 571
Supplies - Costco	\$343	\$93	\$102			
Other Debit Card Pur-	75 15	755	7102	7207	7500	70
chases*	\$0	\$20	\$24	\$0	\$253	\$299
Utilities	\$940	\$224	\$184	\$970	\$691	\$700
Insurance	\$0	\$97	\$60	\$0	\$0	\$971
Total Expense	\$2,170	\$1,192	\$1,143	\$4,233	\$4,841	\$4,902
Net Income	-\$1,119	-\$103	\$16	\$766	- \$1,009	-\$636